

## Syllabus for Ballet II; CRN 21683 DANC-022L.01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw **Office hrs. TTh 12:45pm-1:15pm, & by appointment**

Satisfies 1 unit of GE requirement, Area E.

page 1 of 2  
in studio Fall 2023

**Meets:** TTh 11:30am-12:45pm, Satisfies 1 unit of GE requirement, Area E.

**CONTACT Instructor** email address: [shawjanet@fhda.edu](mailto:shawjanet@fhda.edu)

**Course Description:** Introduction to the discipline and creative art of classical ballet, focusing on the development of elementary movement theory and techniques, including ballet barre and elementary center floor exercises.

### Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Analyze and employ elementary elements of classical ballet technique.
- **Student Learning Outcome:** Perform elementary center floor exercises with proper body placement and coordination.

### DROP POLICY: Instructor will not automatically drop students.

Must be conducted by the student, if desired.

**READING:** Required (*Do not purchase, yet*): **Fahey's Fit & Well** (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden (*OK to buy now*)

**FINAL EXAM** Tuesday, Dec. 12th, 11:30am-1:30pm

**REQUIRED Dance performances to watch online:** Watch **one** of our **9 Options**, posted in our Canvas: **Dance Studio Module Viewing Room**. Be sure to watch **ALL** of the videos in the Option Group you select. Then **type up a one-page reflection**, and submit it in our **week 11 Module**. It's due: no later than **Dec. 10<sup>th</sup>**, the Sunday before Final's week.

**IN CLASS PARTICIPATION:** Participation at class is a major portion of your grade. The second absence will lower your grade 2 points, as will each additional absence thereafter, unless made up.

**MAKE-UPS/** Classes can be made up by:

1. Taking the class you missed. **Online recordings of dance classes** are posted in the **Dance Studio** module. After you take the class, **send me an email**, with a brief reflection.

2. Up to two classes can be made up by watching a 2<sup>nd</sup> and 3<sup>rd</sup> **Option** (see details above). Turn in one **TYPED** reflection (your thoughts about what you saw) for each Option. Turn into the week 11 Module unit marked 1<sup>st</sup> makeup and/or 2<sup>nd</sup> makeup. Due: by the last day of instruction.

3. Acceptable Make-ups. Attendance at these Professional dance concerts can count as two makeups (Must submit 1 page **TYPED** & photo as described in Module):

**October 6 & 7**                      **sjDanceCo** presents **Ablaze** (*Modern Dance*)  
Th, Fri 8:00pm                  California Theatre, 345 S 1st St, San Jose, CA 95113. Student tickets \$25.  
San Jose, CA 95113 Students Tickets: \$25 Visit [sjdanco.org](http://sjdanco.org) for tickets

**Oct. 13 7:30pm**                  **San Jose Dance Theatre** (*Ballet*) presents Dracula  
**Oct. 14 1pm & 6pm**              Hammer Theatre Center, 101 Paseo De San Antonio,  
**Oct. 15 1pm**                      San Jose, CA 95113 Tickets: \$40-60 (408) 924-8501 Visit [sjdanco.org](http://sjdanco.org) for tickets

**Nov. 24 6pm**                      **Pacific Ballet** (*ballet*) presents 32<sup>nd</sup> Annual Nutcracker Ballet  
**Nov. 25 1pm & 6pm**              Mountain View Center for the Arts, 500 Castro St., MV Tickets \$30  
Visit <https://tickets.mvcpa.com/default.asp?searchdate=11/24/2023>

**Resources for Extra Help & Support** are in our **Dance Studio Module** in Canvas

## Grading Policy:

Page 2 of 2

### **Participation** in class =

45 points

PRIMARY, in class goals for Ballet II:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position.
5. Using energy throughout the entire body.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.

All students are allowed 1 absence. Additional absences need to be “madeup”  
**-2 points** for each missing makeup

Two, 15-minute office hour **Ballet Check Ins** conducted, during weeks 4 and 8, by appointment.

### **Quizzes** =

35 points

Participation in online activities; each week will have a short video and very short, online multiple-choice quiz to take. May be taken multiple times until successful.

### **WATCH** 1 of 4 Options from Collection of Dance performances

Submit in **week 11 Module 1-page TYPED Reflection** =

10 points

### **Final Exam** =

10 points

During final’s week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

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100 Total

Summary: If you successfully **complete all of the above**, you **will have earned an A** in this class

FYI Websites for Dance Performances are:

[www.baydance.com](http://www.baydance.com) and <https://www.sanjose.org/events?category=Dance>